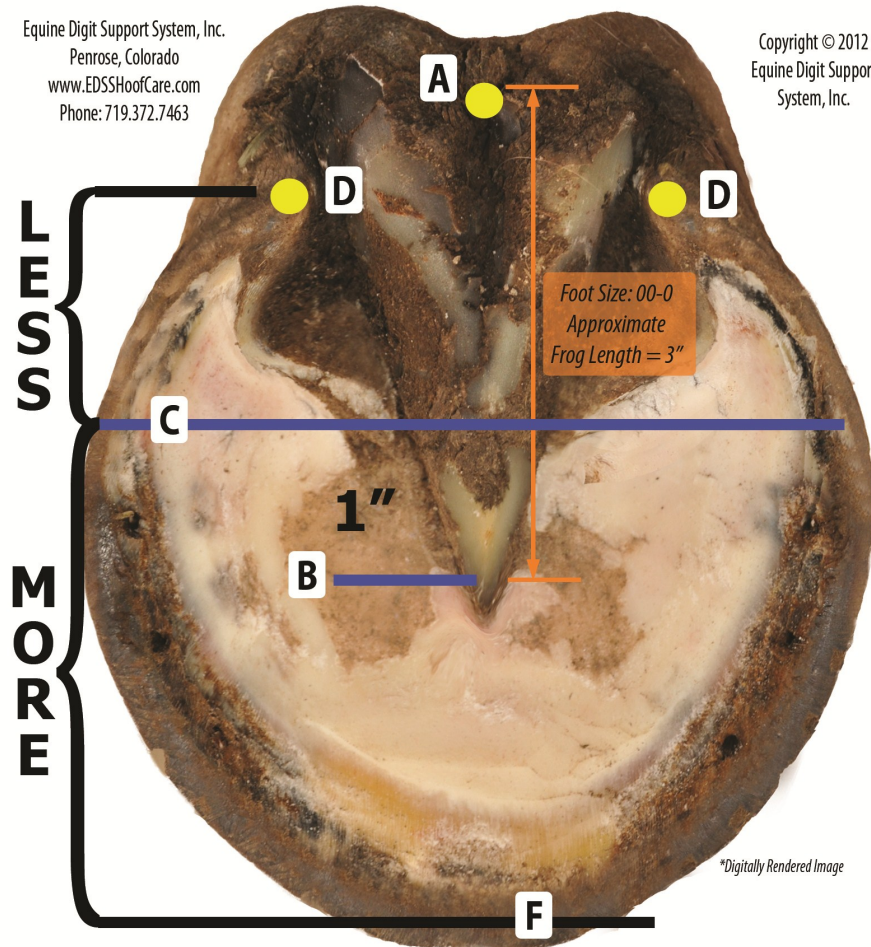


## Quick Reference Guide A/P (Front to Back) Hoof Balance

Equine Digit Support System, Inc.  
Penrose, Colorado  
www.EDSSHoofCare.com  
Phone: 719.372.7463

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Equine Digit Support  
System, Inc.



\*Digitally Rendered Image

### 6 Steps to Evaluate A/P Hoof Balance (without shoes)

1. Locate/Mark the Back of the Frog or Dimple (A)
2. Locate/Mark the Frog Apex (B) [Apex should be rounded. If apex is pointed and narrow, use the Reference Guide to the Right and Measure forward from Dimple (A)]
3. Measure Back 1" from Frog Apex (B) and Draw a Line (C). This line is Approximately the Widest Part of the Foot (WPOTF) & Center of Rotation.
4. Mark the End of Each Heel (D).
5. Mark the Front of the Toe or Where the Wall Starts to Roll [point of breakover] (F)
6. If there is More Mass ahead of the WPOTF than Behind, then the Foot is Out of A/P Balance. If there is More Behind or they are Equal, then A/P Balance is Good.

\*\*These Steps are for a Basic Evaluation Only. Concerns & complete hoof balance evaluation should be followed up by a qualified hoof care professional. ~ [www.edsshooftcare.com](http://www.edsshooftcare.com)

### General Frog Length Reference

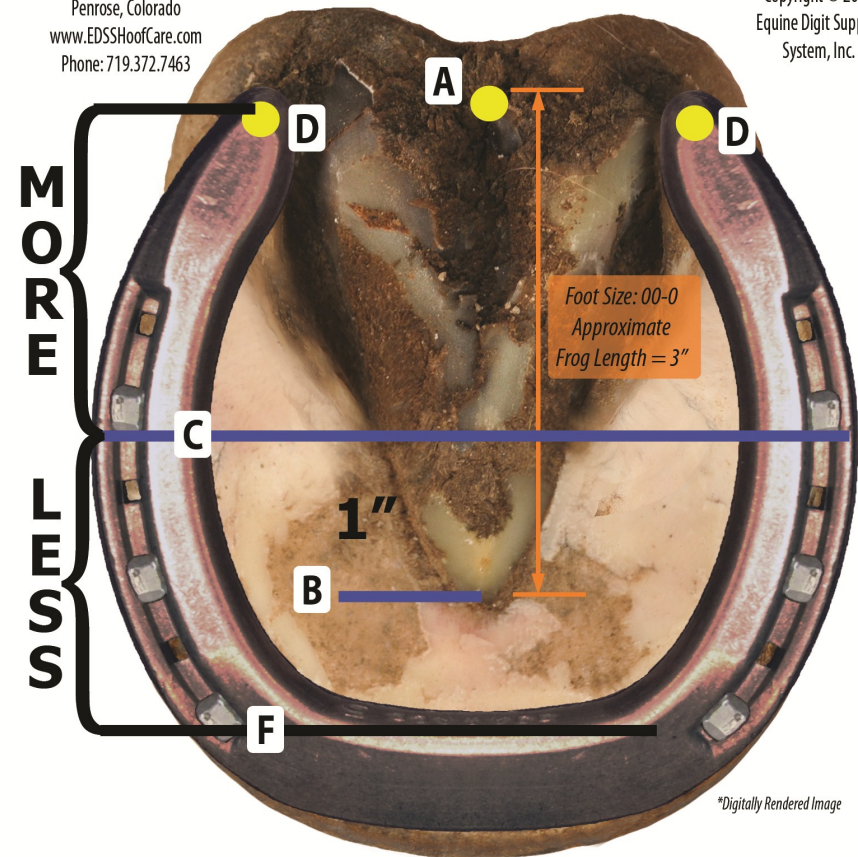
Foot Width	Foot Size	Frog Length
4.5-4.75	00-0	3.00
5.0-5.25	1-2	3.25
5.5-5.75	3-4	3.50
6.0-6.25	5-6	3.75
(Inches)		(Inches)

\*Measurement are Approximations Only

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### PLR Race Sport Shoe used in this Example

### 6 Steps to Evaluate A/P Hoof Balance (with shoes)

1. Locate/Mark the Back of the Frog or Dimple (A)
2. Locate/Mark the Frog Apex (B) [Apex should be rounded. If apex is pointed and narrow, use the Reference Guide to the Right and Measure forward from Dimple (A)]
3. Measure Back 1" from Frog Apex (B) and Draw a Line (C). This line is Approximately the Widest Part of the Foot (WPOTF) & Center of Rotation.
4. Mark the End of Each Heel of the shoe (D).
5. Mark the Front of the Shoe Where the Roll Begins [point of breakover] (F)
6. If there is More Mass ahead of the WPOTF than Behind, then the Foot is Out of A/P Balance. If there is More Behind or they are Equal, then A/P Balance is Good.

\*\*These Steps are for a Basic Evaluation Only. Concerns & complete hoof balance evaluation should be followed up by a qualified hoof care professional. ~ [www.edsshooftcare.com](http://www.edsshooftcare.com)

### General Frog Length Reference

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